

An Overview of the Canadian Diabetes Association

OHHN Meeting

Canadian Diabetes
Association

Know who to turn to



*The Canadian Diabetes Association
works to promote the health of
Canadians through diabetes, research,
education,
service, and advocacy.*

Mission Statement

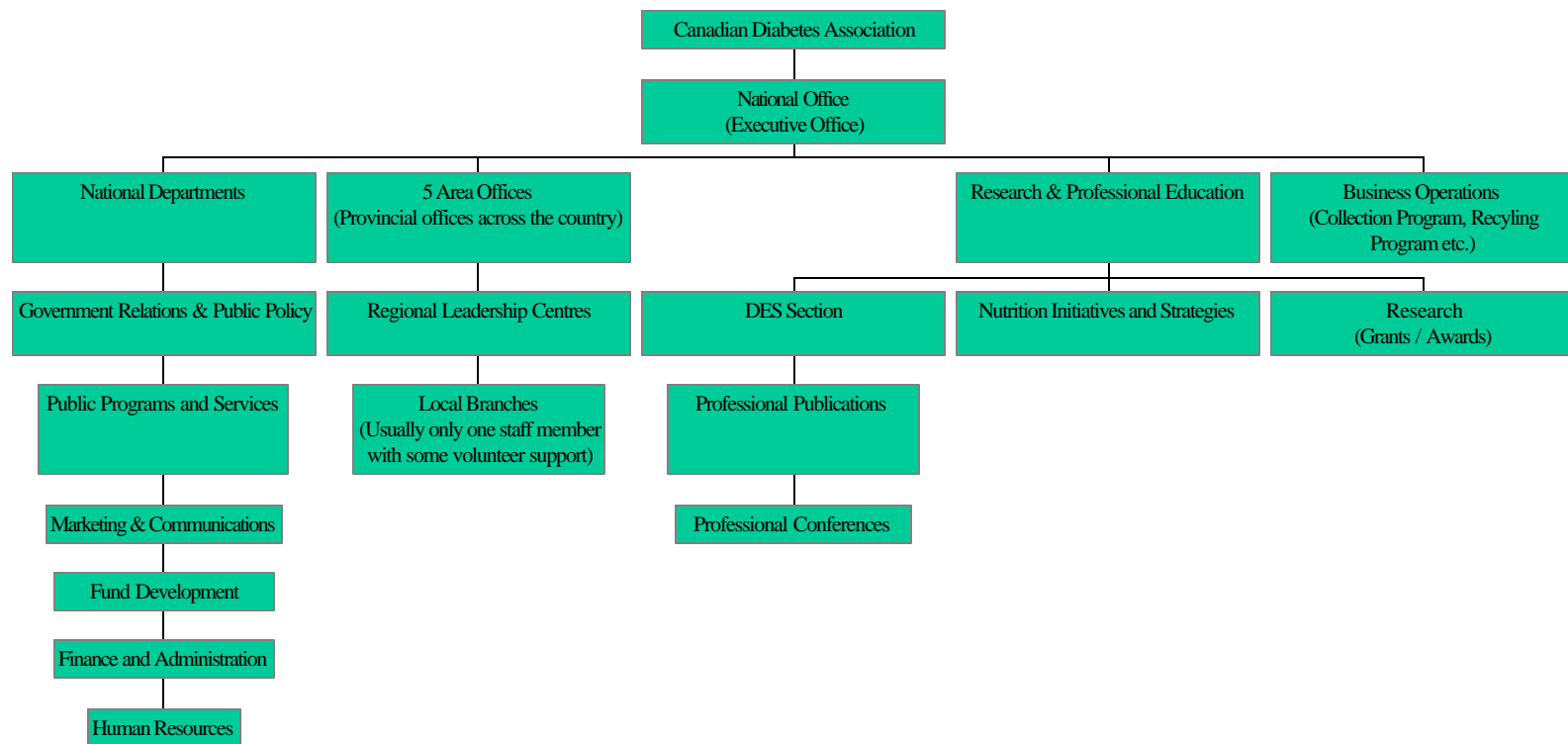
Canadian Diabetes
Association

Know who to turn to



Structure

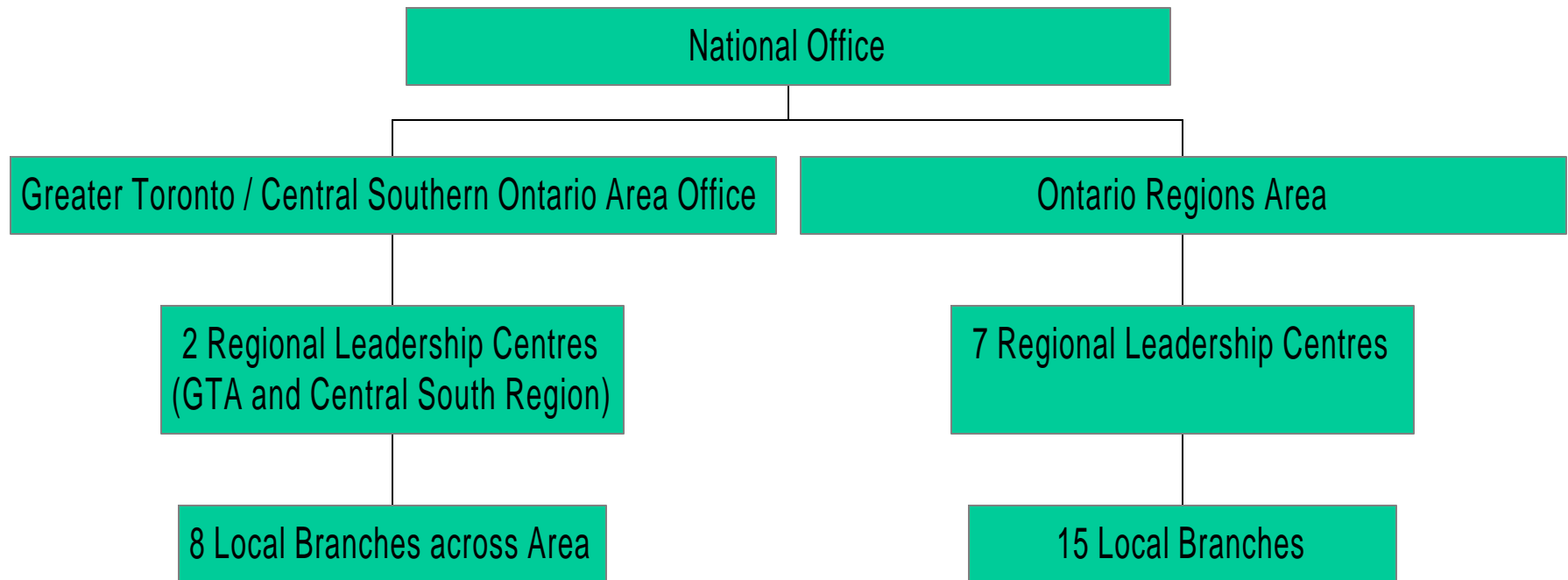
The Canadian Diabetes Association at a Glance



Know who to turn to

Ontario Areas

Ontario at a Glance



Know who to turn to



Ontario and Diabetes

- Over 600,000 people in Ontario have Diabetes
- An approximate 300,000 have diabetes and are not yet aware of it
- While only 6% of Ontario's population, they account for 32% of heart attacks, 43% of heart failure cases, 30% of strokes, 51% of new kidney dialysis patients and 70% of amputations

Know who to turn to



CDA Programs &

- **Signature Programs** – Key messaging presentations that are consistent and delivered across the country
- **Enhanced Programs** – Programs usually developed at a local level based on local needs (may be available at various locations across the country but not consistent or at every location)

Know who to turn to



Examples of Enhanced Programs

Ontario:

- Peer Support Groups
- Camps
- Multicultural Information Nights
- Stepping Stones
- Chapters
- Cooking Classes and Grocery Store Tours

Know who to turn to



National Initiatives

CDA Health Canada Projects

- Workplace Wellness Program
- ‘Healthy Eating is in Store for You’ (partnership program lead by the Canadian Diabetes Association and Dieticians of Canada)

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*Small Changes Make a Big
Difference*

Reduce your risk of diabetes.

Eat Healthy. Get active.

Manage stress. Talk to your

Thank You

doctor.

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